

## MAKING A REFERRAL

We are more than happy to discuss any questions or concerns you may have about someone you care for, or are working with and their suitability for a referral to the service.

You can also use our screening tool which may help you decide whether a referral is the best option. Please contact us for further information.

We need the young person's consent in order to accept a referral so please do discuss this with them in advance and get their agreement.

Referrals can be made by: Parents and Carers, Professionals, concerned others and by a young person themselves.

Phone: 0114 275 2051

Email: [thecorner.sheffield@cgl.org.uk](mailto:thecorner.sheffield@cgl.org.uk)

Once we receive your referral, it will be allocated to a project worker who will contact you to discuss and make arrangements for an initial meeting with the young person.

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**I RECEIVED PRACTICAL AND EMOTIONAL SUPPORT WHICH HAS HELPED ME WITH MY SON**

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## ABOUT CHANGE, GROW, LIVE

Change, grow, live (CGL) is a social care and health charity that works with individuals who want to change their lives for the better and achieve positive and life-affirming goals.

All our services are designed to encourage individuals to find the strength and resources within themselves to bring about the life and behavioral changes they wish to achieve.

[www.thecornersheffield.co.uk](http://www.thecornersheffield.co.uk)

 @TheCornerSheffield

 @TheCornerCGL

 @TheCornerSheffield



**INVESTORS  
IN PEOPLE**



Change, grow, live (CGL) Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1VR. Registered Charity Number in England and Wales (1079337) and in Scotland (SC039863). Company Registration Number 3861209 (England and Wales).



Our mission is to help people change the direction of their lives, grow as a person and live life to its full potential.



## The Corner

Sheffield Young People's Substance Misuse Service

**SUBSTANCE MISUSE  
SUPPORT FOR YOUNG  
PEOPLE IN SHEFFIELD**

**T: 0114 275 2051**

For more information visit  
[www.thecornersheffield.co.uk](http://www.thecornersheffield.co.uk)

This service is part of the charity:

**cgl**

## ARE YOU...?

### A PARENT OR CARER...

- Who is concerned that your child knows more than you about substances?
- Unsure about how best to support your loved one with their substance use?
- In need of support for yourself because of a loved one's substance use?

## OR ARE YOU...?

### A PROFESSIONAL

- Who thinks a young person they are working with may be using or at risk of using substances?
- Who wants more information and advice on young people's substance use and local support services?

## WHO WE ARE

We are a specialist support service for young people affected by drugs or alcohol. We focus on both preventing substance misuse as well as providing structured interventions to support those using more problematically.

Our team of qualified staff also provide information, advice and guidance to parents and carers who are concerned about a young person's substance use. We have a dedicated Families and Communities Worker who works with individual parents and carers or offers support through parents and carers support groups across the city.

We also provide consultancy for professionals and offer free training around drug and alcohol awareness and trends, this is accessible to any professional working within Sheffield.

Our aim is to provide you with the knowledge, skills and confidence to identify and appropriately respond to risk associated to a young person's substance use.

Our services are free, friendly and confidential. We offer person-centred support that is non-judgmental and suited to meet the individual needs of all service users.

We welcome all young people no matter what their background, religion, disability, sexual orientation, culture or gender.

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**THE STAFF ARE ALWAYS KEEN TO MAKE A DIFFERENCE TO CHILDREN AND FAMILIES THAT SOME OTHER PEOPLE THINK ARE BEYOND HELP**

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## WHAT WE OFFER

We offer tailored services for young people, their families and carers and professionals, ranging from one-off to longer term support. To ensure support for young people is coordinated to meet their range of needs, we provide services in partnership with health, education and youth justice services:

- Comprehensive assessment and care-planning for young people
- One-to-One therapeutic interventions
- Groupwork programmes
- Community outreach
- Information, advice and guidance for parents and carers with support from our dedicated Families Worker
- Pharmacological interventions, including access to substitute medication and detox provision (where appropriate)
- Consultancy and training for professionals
- Telephone and digital support via social media

If this doesn't include what you are looking for, please contact us and we will be happy to discuss how we can help you.

**CALL 0114 275 2051  
TO SPEAK TO A  
MEMBER OF OUR TEAM**

